

Community Harvest Garden Covid Protocol

(last updated 11-11-2020)

Covid / Flu prevention protocol (gardening and harvesting)

1. Please stay home and consider consulting a healthcare professional, if you have any of the following symptoms:
Cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat, headache, loss of taste or smell, congestion, runny nose, diarrhea, nausea, vomiting, or fatigue.
2. Please wear a suitable face-covering (mask and practice 6 feet social distancing while in the garden)
3. Wash your hands thoroughly before and after participating in the harvest

Covid diagnosis protocol (gardener or volunteer)

If you have tested positive for Covid, please:

1. Contact the garden leadership team at email harvest-leaders@communityuuchurch.org as soon as possible. Leadership team will communicate the potential exposure with appropriate individuals and organizations.
2. Isolate per CDC guidelines
3. Contact your Harvest Leader, if you are on the harvest schedule during your isolation
4. Do not return to the Garden until you have met CDC guidelines to be around others
(Link to CDC Website: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>)

Covid exposure protocol (gardener or volunteer)

If you learn that you have been exposed to an individual diagnosed with Covid, please:

1. Stay home and away from the Garden for 14 days after the last day of contact. Gardeners may work alone in the garden during the 14 day quarantine period.
2. Watch for Covid symptoms and consider consulting a healthcare professional should they occur